



JANUARY | 2026

Jeffers High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<u>News</u>
29	30	31	1	2	
5 Popcorn Chicken Fries Green Beans Fruit & Milk	6 Philly Beef Sandwich Onion Rings Veggies Fruit & Milk	7 Chicken Quesadilla Tortilla Chips Veggies Fruit & Milk	8 Chef Salad Marinara Sauce Cheesy Breadsticks Fruit & Milk	9 Chicken Patties Baked Beans Chips Fruit & Milk	
12 Tex-Mex Chicken Burrito Mexican Rice Fruit & Milk	13 Hamburgers w/bun Fries Baked Beans Fruit & Milk	14 Chicken Alfredo Roll Veggies Fruit & Milk	15 Nacho Supreme Homemade Bread Refried Beans Fruit & Milk	16 French bread Pizza Marinara Sauce Pudding Fruit & Milk	
19 Chicken ala King Biscuits Peas Fruit & Milk	20 No Lunch	21 No Lunch	22 No Lunch	23 No School	
26 Orange Chicken Rice Roll Fortune Cookie Fruit & Milk	27 Homemade Calzones Seasoned Potatoes Veggies Fruit & Milk	28 Spaghetti w/meat sauce Green Beans Garlic Stick Fruit & Milk	29 Chicken Stir Fry Roll Fruit & Milk	30 Ham & Cheese Bagels Corn Chips Veggies Fruit & Milk	