



# JANUARY | 2026

## Jeffers High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b><u>News</u></b>
29	30	31	1	2	
5 Pop tarts Fruit Juice & Milk	6 Breakfast Burritos Fruit Milk	7 Waffles w/Strawberries Fruit Juice & Milk	8 Donuts Fruit Milk	9 Apple/Raspberry French toast Bacon Fruit Juice & Milk	
12 Blueberry Bake Fruit Juice & Milk	13 Breakfast Pizza Fruit Milk	14 Blueberry Bread Fruit Juice & Milk	15 Muffins Fruit Milk	16 Cinnamon French toast Sausage Fruit Juice & Milk	
19 Donuts Fruit Juice & Milk	20 Biscuits & Gravy Scram Eggs Fruit Milk	21 Ham & Cheese Omelets Fruit Juice & Milk	22 Jeffers Hash Fruit Milk	23  No School	
26 Pannukakku Fruit Juice & Milk	27 Cinnamon Rolls Fruit Milk	28 Strudel Bites Fruit Juice & Milk	29 Egg Bake Toast Fruit Milk	30 Muffins Fruit Juice & Milk	