

# OCTOBER | 2025

## JEFFERS HIGH SCHOOL BREAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Br. Pizza Fruit Juice Milk	2 Cinnamon Rolls Fruit Milk	3 Muffins Fruit Juice Milk
6 Pannukakku Smoothies Fruit Milk	7 Breakfast Sandwich Fruit Milk	8 Cinnamon Fr. Toast Bacon Fruit Juice & Milk	9 Donuts Fruit Milk	10 No School Teacher Inservice
13 Blueberry Oatmeal Bake Fruit Juice & Milk	14 Br. Pizza Fruit Milk	15 Cinnamon Rolls Fruit Juice Milk	16 Egg Bake Toast Fruit Milk	17 Banana Bread Fruit Juice Milk
20 Breakfast Bowl Fruit Juice Milk	21 Ham & Cheese Omlet Toast Fruit Milk	22 Strudel Bites Fruit Juice Milk	23 Jeffers Hash Fruit Milk	24 Apple or Raspberry Fr. Toast Fruit Juice Milk
27 Muffins Fruit Juice Milk	28 Bagels Cream Cheese Fruit Milk	29 Br. Pizza Fruit Juice Milk	30 Donuts Smoothies Fruit Milk	31 Blueberry Bread Fruit Juice Milk

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