

| <b>Goal (What do we want to accomplish?)</b>               | <b>Action Steps (What activities need to happen?)</b>                       | <b>Timeline/Start Date</b> | <b>Measurement (How is progress measured?)</b>          | <b>Lead Person</b>                              | <b>Stakeholders Involved/Impacted</b>        | <b>Complete (Y/N)</b> |
|------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------|---------------------------------------------------------|-------------------------------------------------|----------------------------------------------|-----------------------|
| Ensure annual compliance with Wellness Policy requirements | Convene Wellness Committee at least four times per year                     | Annually                   | Quarterly meetings held                                 | Superintendent Designee / Food Service Director | Wellness Committee, Staff, Students, Parents | Y                     |
| Increase student access to healthy food choices            | Review cafeteria menus and Smart Snacks compliance annually                 | Annually                   | Menu review completed; Smart Snacks compliance verified | Food Service Director                           | Students, Food Service Staff, Parents        | Y                     |
| Promote healthy hydration practices                        | Ensure water stations and drinking fountains are operational and accessible | Annually                   | Building inspections completed                          | Building Principals                             | Students and Staff                           | Y                     |
| Increase physical activity opportunities for students      | Review PE offerings, extracurricular activities, and recess schedules       | Annually                   | Student participation rates; schedule review            | PE/Health Teacher and Principals                | Students, Staff, Families                    | Y                     |

|                                                     |                                                                                        |                                |                                           |                                            |                                   |   |
|-----------------------------------------------------|----------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------|--------------------------------------------|-----------------------------------|---|
| Expand nutrition education opportunities            | Integrate nutrition lessons into health and core curriculum                            | Throughout school year         | Lesson plans and curriculum documentation | Teachers and Principals                    | Students                          | Y |
| Promote staff wellness                              | Offer staff wellness opportunities and communicate available resources                 | Annually                       | Participation records and staff feedback  | Wellness Committee                         | Staff                             | Y |
| Improve community awareness of wellness initiatives | Publish annual wellness update on district website and through district communications | Annually                       | Documentation of publication              | Superintendent's Office                    | Parents, Community Members        | Y |
| Conduct required triennial assessment               | Review policy implementation, compare to model policy, and develop recommendations     | Every 3 years                  | Completion of formal assessment report    | Food Service Director / Wellness Committee | Board, Staff, Students, Community | Y |
| Update wellness policy based on assessment findings | Revise policy and present updates to Board of Education                                | Following triennial assessment | Board approval of revised policy          | Superintendent and Wellness Committee      | Entire District                   | Y |